

## **2018 USAPL Bench Press Committee Report**

Submission by Steve Petrencak – Committee Chair

**Meeting:** 2<sup>nd</sup> Annual USAPL Bench Press Committee

**Date:** September 8, 2017

**Location/Event:** Killeen, TX / 2018 USAPL Bench Press Nationals

**Presenter:** Steve Petrencak

### **I. Established Additional Committee Members and Terms:**

- Steve Petrencak – Chairman (2016-2019)
  - Tim Anderson (2017-2019)
  - Dave Doan (2017-2019)
  - Kevin Farley (2017-2019)
  - Dana Rosenzweig (2017-2019)
  - Jennifer Thompson (2017-2019)
  - Tammy Walker (2017-2019)
- 3 Year Term for the Chairman; 2 Year Terms for the remaining Committee Members.
- Terms End at the Annual Bench Press National Competitions.
- The next voting for Committee Members will take place at the 2019 Bench Press Nationals.

### **II. Voting Results (\* Denotes Leading Vote Selection):**

Collection of Votes from a Survey sent to the 2017 Bench Press Nationals Competitors.

#### **Preferable Location for the Next Bench Press Nationals by City:**

- **Las Vegas, Nevada \* (13 Votes)**
- Chicago, Illinois (8)
- Atlanta, Georgia (6)
- Denver Colorado (6)

#### **Preferable Location for the Next Bench Press Nationals by State:**

- **California \* (16 Votes)**
- Nevada (14)
- New York (12)
- Texas (12)

#### **Women Lifting on Both Days:**

- While a slight majority wanted to keep it to one day, we have moved to spread lifting for women across both days and multiple sessions, similar to the IPF Championships

**Please refer to the 2017 Committee Report found on the USAPL Bench Press Committee Web Page for a more detailed report of additional suggestions submitted as well as committee responses.**

**III. USAPL Bench Press Nationals Attendance over the last 5 years:**

**We have seen a positive increase in attendance over the last 2 years for Women, which could be directly related to the addition of the IPF World Classic Bench Press competition.**

- 2017 – Killeen, TX – 189 (133 Men, 56 Women)
- 2016 – Aurora, CO – 199 (145 Men, 54 Women)
- 2015 – Scranton, PA – 176 (140 Men, 36 Women)
- 2014 – San Antonio, TX – 157 (122 Men, 35 Women)
- 2013 – Atlanta, GA – 171 (144 Men, 27 Women)

**IV. 2017 USAPL Bench Press Nationals Classic/Equipped Entries:**

50% - Classic Only  
36% - Equipped Only  
14% - Both

**V. 2017 IPF World Bench Competition Results:**

	2017 IPF Classic		2017 IPF Equipped	
	Killeen, Texas U.S.A		Kaunas, Lithuania	
U.S.A Team Results	Women	Men	Women	Men
Sub Junior	1st	1st	4th	9th
Junior	1st	1st	2nd	7th
Open	1st	2nd	8th	5th
Masters 1	1st	2nd	6th	4th
Masters 2	1st	1st	4th	4th
Masters 3	1st	1st	DNP	9th
Masters 4	2nd	1st	1st	3rd

**VI. Ongoing:**

- Continue to take suggestions and work with the Competition Directors

**VII. Current Calendar for the annual USAPL Bench Press Nationals**

- 2018 – Scranton, PA – Steve Mann
- 2019 – Sioux Falls, SD – Jonathan (Jona) Leo
- 2020 – The National Office has not opened bidding yet for 2020

**VIII. Next Committee Meeting:**

September 14, 2018 – Scranton, PA