

2010 USAPL Masters' National Powerlifting Championships

Killeen, Texas

April 30 - May 2, 2010

Place	Division	Weight Class	Name	Body Weight	Squat			Bench Press			Sub Total	Deadlift			Total	Wilks Total
					1	2	3	1	2	3		1	2	3		
1	40-44	56	ERIC KUPPERSTEIN	55.8	180.0	202.5	220.5	105.0	112.5	117.5	320.0	212.5	232.5	248.0	568.0	518.8680
1	45-49	60	KEVIN JONES	59.8	167.5	182.5	192.5	110.0	117.5	117.5	292.5	167.5	182.5	192.5	485.0	414.9175
1	60-64	60	MICHAEL BLAIZE	59.8	97.5	105.0	115.0	57.5	62.5	65.0	170.0	110.0	125.0	137.5	307.5	263.0662
1	65-69	60	MIKE LAWSON	59.3	110.0	115.0	120.0	95.0	107.5	107.5	215.0	137.5	155.0	160.0	375.0	323.2875
1	40-44	67.5	DOUG NEWCOMER	67.1	142.5	157.5	165.0	82.5	95.0	100.0	260.0	142.5	167.5	172.5	432.5	335.0577
1	45-49	67.5	GREG SIMMONS	67.5	215.0	230.0	240.5	147.5	153.0	157.5	393.5	215.0	232.5	242.5	636.0	490.3560
1	55-59	67.5	PAUL MEARS	66.2	162.5	162.5	182.5	87.5	92.5	95.0	277.5	172.5	182.5	187.5	465.0	364.1880
2	55-59	67.5	RICHARD BLAUMULLER	66.3	107.5	107.5	112.5	70.0	80.0	0.0	177.5	132.5	137.5	142.5	315.0	246.4245
1	60-64	67.5	JEFF JACOBS	66.7	190.0	190.0	205.0	107.5	107.5	112.5	317.5	200.0	215.0	222.5	540.0	420.3900
1	70-74	67.5	JACK WOLFF	66	120.0	135.0	142.5	62.5	70.0	75.0	212.5	175.0	185.0	185.0	387.5	304.2650
1	80-84	67.5	RICHARD NOLAN	66.2	60.0	65.0	70.0	57.5	60.0	62.5	130.0	112.5	117.5	122.5	247.5	193.8420
1	45-49	75	GREG PAGE	74.9	242.5	260.0	272.5	160.0	167.5	167.5	440.0	245.0	250.0	260.0	700.0	499.2400
2	45-49	75	JOSE PEREZ	74.1	260.0	277.5	0.0	165.0	165.0	170.0	447.5	237.5	247.5	257.5	695.0	499.4270
3	45-49	75	DUANE YOUNG	74.2	182.5	192.5	200.0	107.5	115.0	120.0	312.5	187.5	202.5	210.0	522.5	375.1027
		75	ALBERT CACERES	74.5	255.0	265.0	265.0	152.5	152.5	152.5		220.0	220.0			
1	50-54	75	CARLOS LEWIS	75	230.0	250.0	260.0	110.0	120.0	125.0	370.0	227.5	235.0	237.5	607.5	432.9045
2	50-54	75	KEVIN BOLEN	74.4	220.0	237.5	245.0	130.0	130.0	137.5	367.5	220.0	235.0	237.5	587.5	421.0025
		75	WES EVANS	74.4	205.0	205.0	205.0									
1	55-59	75	MARK P. CUCINELLA	74.3	192.5	200.0	200.0	127.5	132.5	132.5	327.5	195.0	200.0	210.0	527.5	378.3757
1	60-64	75	BILL WEINSTOCK	74.9	160.0	167.5	172.5	82.5	87.5	87.5	255.0	200.0	205.0	205.0	460.0	328.0720
2	60-64	75	JOE RIZZA	74.9	165.0	175.0	187.5	67.5	67.5	70.0	257.5	165.0	175.0	187.5	445.0	317.3740
1	75-79	75	DAN GOODWIN	74.8	62.5	75.0	92.5	62.5	70.0	70.0	137.5	102.5	125.0	137.5	275.0	196.3225
1	45-49	82.5	DUANE MADERE	81.2	232.5	242.5	255.0	160.0	167.5	172.5	422.5	227.5	237.5	242.5	660.0	446.4240
2	45-49	82.5	TOM CENCICH	81.8	185.0	195.0	200.0	167.5	177.5	185.0	385.0	187.5	195.0	200.0	580.0	390.5720
1	50-54	82.5	WILLIAM KELLETT	77.6	130.0	137.5	137.5	90.0	95.0	100.0	230.0	175.0	182.5		405.0	282.0015
1	55-59	82.5	BILL CLAYTON	82.2	197.5	210.0	217.5	140.0	145.0	145.0	355.0	202.5	215.0	215.0	557.5	374.3055
2	55-59	82.5	KEN LEISINGER	82.5	100.0	107.5	120.0	115.0	125.0	132.5	245.0	152.5	165.0	172.5	410.0	274.6590
1	60-64	82.5	ROBERTO CONTERAS	81.3	185.0	200.0	210.0	122.5	135.0	142.5	345.0	195.0	210.0	232.5	577.5	390.3322
2	60-64	82.5	ALAN TEPPER	80.8	182.5	182.5	195.0	137.5	142.5	142.5	320.0	205.0	217.5	225.0	537.5	364.6937
3	60-64	82.5	ALAN SHEEN	77.8	115.0	130.0	142.5	90.0	95.0	100.0	242.5	150.0	165.0	172.5	407.5	283.2533
4	60-64	82.5	CONRAD MARTINEZ	81.9	25.0			135.0	137.5	140.0	162.5	65.0			227.5	153.0848
1	65-69	82.5	DAN MARTIN	81.6	195.0	205.0	215.0	110.0	125.0	137.5	340.0	187.5	215.0	240.0	555.0	374.2920
2	65-69	82.5	JIMMIE ESPINOZA	81.6	152.5	165.0	172.5	132.5	140.0	140.0	305.0	177.5	187.5	187.5	482.5	325.3980
3	65-69	82.5	EDWARD WETTACH	80.4	157.5	170.0	170.0	100.0	105.0	112.5	275.0	205.0	222.5	222.5	480.0	326.6880
		82.5	JIM LYONS	80.4	180.0	180.0	192.5	115.0	120.0	120.0	312.5	180.0	180.0	180.0		
1	40-44	90	JIM BROWN	89.2	292.5	313.0	320.0	190.0	202.5	215.0	515.5	240.0	257.5		773.0	495.7249
2	40-44	90	JONATHAN GALLMEIER	83.3	172.5	172.5	192.5	130.0	137.5	147.5	330.0	175.0	195.0	205.0	535.0	356.3635
1	45-49	90	FRANK AGOS	88.7	215.0	215.0	227.5	155.0	165.0	165.0	370.0	250.0	262.5	272.5	632.5	406.8240
2	45-49	90	JERRY DALLY	89.8	212.5	227.5	237.5	25.0	62.5	0.0	300.0	227.5	242.5	250.0	542.5	346.7118
1	55-59	90	MICK STEVENS	89	187.5	197.5	197.5	105.0	120.0	120.0	302.5	215.0	222.5	222.5	517.5	332.2867
2	55-59	90	RAY PENLAND	89.8	175.0	185.0	195.0	110.0	120.0	125.0	305.0	192.5	202.5	215.0	507.5	324.3433
1	60-64	90	DELVAN WORLEY	89.5	235.0	250.0		87.5	92.5	95.0	342.5	225.0	240.0	240.0	567.5	363.3135
2	60-64	90	JOE LUCIO	87.5	160.0	172.5	182.5	110.0	115.0	115.0	297.5	162.5	175.0	185.0	482.5	312.6117
1	65-69	90	FRED RICE	90	205.0	222.5	230.0	97.5	105.0	110.0	327.5	240.0	255.0	255.0	567.5	362.2920
2	65-69	90	RICHARD SCHULLER	86.1	60.0			60.0			120.0	80.0			200.0	130.7200
1	70-74	90	TOM O'KEEFE	82.8	112.5	125.0		92.5	100.0	102.5	225.0	85.0			310.0	207.2350
1	40-44	100	KENNETH GACK	99	282.5	300.0	300.0	227.5	237.5	237.5	527.5	260.0	275.0	280.0	807.5	493.4633
2	40-44	100	JOHN VINING	92.8	182.5	192.5		230.0	237.5	237.5	422.5	210.0	232.5	242.5	665.0	418.1520
3	40-44	100	ROBERT GEYER	98.1	165.0	175.0	185.0	115.0	120.0	125.0	300.0	175.0	185.0	200.0	500.0	306.7000
		100	SCOTT WAITS	99.9	315.0	327.5	332.5	220.0	220.0	220.0						
1	45-49	100	GREG JONES	97.5	297.5	305.0	310.0	212.5	212.5	217.5	522.5	282.5	282.5	285.0	805.0	495.0750
2	45-49	100	JOHN HARE	98.2	262.5	285.0	300.0	205.0	230.0	240.0	515.0	240.0	262.5	282.5	797.5	488.9472
1	50-54	100	RAY BAXTER	95.9	260.0	260.0	275.0	175.0	182.5	187.5	462.5	250.0	267.5	272.5	735.0	455.2590
2	50-54	100	MARK SALANSKY	98.9	237.5	237.5	255.0	192.5	192.5	205.0	447.5	237.5	252.5		685.0	418.7405
3	50-54	100	ROBERT HARRIS	99.6	207.5	220.0		167.5	167.5	167.5	387.5	212.5	235.0	257.5	645.0	393.1920
1	55-59	100	GARY EDWARDS	98.4	182.5	192.5	202.5	150.0	160.0	170.0	362.5	240.0	250.0		602.5	369.0915

1	60-64	100	DAVE CLARK	98.3	-210.0	210.0	-217.5	167.5	-172.5	-172.5	377.5	-260.0	260.0	-272.5	637.5	390.7238
2	60-64	100	JIM YAKUBOVSKY	95.7	200.0	215.0	-222.5	120.0	130.0	137.5	352.5	210.0	220.0	237.5	590.0	365.8000
1	70-74	100	DE EDWIN SHAW	97.5	-182.5	182.5	192.5	102.5	-112.5	112.5	305.0	192.5	210.0	-230.0	515.0	316.7250
1	75-79	100	RAYMOND CURTIS	91.3	85.0	-92.5	92.5	-85.0	85.0	102.5	195.0	125.0	137.5	142.5	337.5	213.9075
1	40-44	110	AL FRITZ	110	325.0	-342.5	342.5	220.0	-230.0	-230.0	562.5	282.5	295.0	-302.5	857.5	504.6388
2	40-44	110	CHRIS CALVANO	109.6	125.0	-225.0	-225.0	165.0	255.0	-265.0	380.0	125.0			505.0	297.5460
1	45-49	110	GREG NUCCI	107	260.0	272.5	-275.0	192.5	-200.0	-200.0	465.0	230.0	240.0	250.0	715.0	424.4955
2	45-49	110	TIM WOMACK	107.5	232.5	247.5	-260.0	185.0	195.0	200.0	447.5	227.5	247.5	257.5	705.0	417.9240
1	50-54	110	GARY PAMPLIN	109.6	292.5	315.0	330.5	240.0	-255.0	255.0	585.5	227.5	252.5	-275.0	838.0	493.7496
2	50-54	110	SHAWN CAIN	106.3	245.0	-250.0	-250.0	175.0	182.5	190.0	435.0	235.0	250.0	-260.0	685.0	407.5750
1	55-59	110	RALPH BROWN JR.	109	252.5	272.5	282.5	182.5	-197.5	-202.5	465.0	227.5	245.0	252.5	717.5	423.4685
2	55-59	110	BILL SINDELAR	110	237.5	247.5	-257.5	167.5	-175.0	-175.0	415.0	235.0	250.0	-272.5	665.0	391.3525
1	60-64	110	AL WOOD	109.6	180.0	187.5	-195.0	25.0	35.0	-37.5	222.5	185.0	195.0	-212.5	417.5	245.9910
1	65-69	110	BILL HELMICH	107.9	170.0	180.0		107.5			287.5	227.5	-282.5	-282.5	515.0	304.9315
1	40-44	125	TOM SMITH	124.2	307.5	330.0	-335.0	-220.0	225.0	-237.5	555.0	265.0	275.0	282.5	837.5	477.8775
		125	WALTER STEWART	122.6	-227.5	227.5	250.0	-245.0	-245.0	-245.0		-182.5				
1	45-49	125	DAVE GONZALES	124.1	322.5	332.5	337.5	230.0	235.0	237.5	575.0	280.0	290.0	295.0	870.0	496.5090
2	45-49	125	BILL COLLINS	124.8	285.0	307.5	-317.5	227.5	235.0	-243.0	542.5	-272.5	272.5	285.0	827.5	471.6750
3	45-49	125	JON BRIGGS	117.2	282.5	297.5	-307.5	192.5	217.5	-227.5	515.0	270.0	-282.5	-282.5	785.0	453.8870
1	50-54	125	SEGISMUNDO PARES	112	255.0	265.0	275.0	-220.0	220.0	227.5	502.5	265.0	282.5	-305.0	785.0	459.4605
2	50-54	125	DAVE SCHNEIDER	123.1	262.5	-295.0	-310.0	185.0	-197.5	-202.5	447.5	262.5	-282.5	-282.5	710.0	405.9070
3	50-54	125	TED STEWART	121.9	215.0	227.5	235.0	132.5	145.0	-152.5	380.0	215.0	240.0	-250.0	620.0	355.1980
		125	JEFF CAPPS	122.8	-265.0	265.0	290.0	-215.0	-215.0	-215.0	0.0	275.0	300.0	-310.0		
1	55-59	125	CURTIS WAINWRIGHT	121.4	245.0	260.0	-272.5	175.0	182.5	187.5	447.5	230.0	237.5	242.5	690.0	395.6460
2	55-59	125	DAVID WOLF	117	205.0	215.0	227.5	160.0	167.5	-175.0	395.0	227.5	237.5	-242.5	632.5	365.9012
1	60-64	125	CRAYTON TAYLOR	116.4	-185.0	-185.0	185.0	130.0	135.0	140.0	325.0	227.5	237.5	242.5	567.5	328.6960
1	40-44	UNL	BRAD GILLINGHAM	147.4	345.0	367.5		245.0	252.5	-260.0	620.0	355.0	380.0	392.5	1012.5	561.6338
1	45-49	UNL	DAN GAUDREAU	163.1	-352.5	352.5	365.0	285.0	-296.0	-296.0	650.0	285.0	300.0	-312.5	950.0	519.2700
2	45-49	UNL	STEVE JOHNSON	129	215.0	227.5	-232.5	175.0	-195.0	195.0	422.5	232.5	242.5	-245.0	665.0	376.6560
3	45-49	UNL	DAVID ARIAS	139.6	160.0	185.0	192.5	132.5	145.0	152.5	345.0	165.0	185.0	192.5	537.5	300.4625
4	45-49	UNL	RANDY EARLE	133	-185.0	185.0	205.0	105.0	-165.0	-165.0	310.0	205.0	225.0	-240.0	535.0	301.4190
1	50-54	UNL	WILLIAM CAMPBELL	128.3	-240.0	240.0	-250.0	-240.0	-250.0	250.0	490.0	200.0	225.0	235.0	725.0	411.0750
1	55-59	UNL	STEVEN GREEN	145.3	290.0	315.0	0.0	235.0	-242.5	-242.5	550.0	270.0	290.0	-300.0	840.0	466.8720
2	55-59	UNL	ROBERT CRAWFORD	145.5	-205.0	205.0	-237.5	-182.5	182.5	-205.0	387.5	192.5	-212.5	212.5	600.0	333.4200
1	65-69	UNL	HARRY HEYMAN	126.7	100.0			-92.5	92.5		192.5	150.0	182.5		375.0	213.1125