

**USAPL 2009 MILITARY NATIONAL POWERLIFTING  
CHAMPIONSHIPS  
MARCH 14, 2009 KILLEEN, TX**

<b>NAME</b>	<b>WT CLS</b>	<b>SQ</b>	<b>BP</b>	<b>DL</b>	<b>TOT</b>	<b>PL</b>
<b>WOMEN</b>						
TONI KEMPER M1	56	140	80	145	365	1ST
DEBRA JACKSON M3	56	135	72.5	142.5	350	1ST
KATHY SINGLETARY (O)	60	145	82.5	140	367.5	1ST
KELSEY CARSON (T3)	67.5	65	40	75	180	1ST
DONNA BRYANT M3/(O)	75	157.5	87.5	170	415	1ST
PAULETTE CALHOUN M3	90+	102.5	100	115	317.5	1ST

<b>MEN</b>						
BOBBY HARRISON (O)	67.5	172.5	140	205	517.5	1ST
THOMAS HARKINS (O)	75	160	105	160	425	1ST
JEREMIAH CELIS (O)	90	225	147.5	237.5	610	1ST
WILLIE ALLEN (O)	90	200	162.5	242.5	605	2ND
DAVID BANKER (O)	90	200	137.5	227.5	565	3RD
JOHN PEREZ M1	90	145	112.5	190	447.5	1ST
TONY HAMBRIC M2	90	220	155	250	625	1ST
DAVID BANKER M2	90	200	137.5	227.5	565	2ND
TROY SANDERS M1/O/RAW	100	257.5	177.5	295	730	1ST
FRANK RICHARDZ M1	100	227.5	120	235	582.5	2ND
ENNIS WHITE M1/O	110	277.5	242.5	280	800	1ST
ANDRE GHOLS O	125	320	205	285	810	1ST

<b>BENCHPRESS</b>		
PETER YONG M4	67.5	95
LUKE MAYO (Gst)	82.5	125
WILLIAM THACKER	100	205
ENNIS WHITE (O)	110	242.5
RICK MARRAMA (O)	100	BOMB
TYRONE WILSON M4	125	BOMB

**OUTSTANDING LIFTERS**

**WOMEN: TONI KEMPER/DONNA BRYANT  
MASTERS: TONY HAMBRIC/ ENNIS WHITE  
OPEN MEN: BOBBY HARRISON/ENNIS WHITE  
BENCHPRESS: PETER YONG/ENNIS WHITE**

**TEAM:**

**1ST PLACE: PHANTOM WARRIORS  
2ND PLACE: AIR FORCE**