

1993 ADFPA Masters Nationals**1993-11-13, USA-CA, Sacramento**

Place	Lifter	Age	Class	Squat	Bench	Deadlift	Total	Wilks
Women Single 44 Masters 35-44								
	Shirley							
1	Scheffler		44	110	57.5	157.5	325	457.62
	Linda							
2	Barnes		44	97.5	57.5	117.5	272.5	383.7
Women Single 47.5 Masters 35-44								
1	S. Leland		47.5	87.5	50	125	262.5	350.34
Women Single 50.5 Masters 35-44								
	M.							
1	Munger		50.5	82.5	47.5	107.5	237.5	302.8
Women Single 53 Masters 35-44								
1	B. Tadej		53	125	65	145	335	411.5
Women Single 55.5 Masters 35-44								
	Garriel							
1	Keeble	40~	55.5	125	70	137.5	332.5	393.98
Women Single 58.5 Masters 35-44								
1	R. Ghan		58.5	137.5	55	137.5	330	375.23
Women Single 63 Masters 35-44								
	Sandi							
1	Brady	36	63	150	72.5	165	387.5	416.16
	Chris							
2	Grekoff	36~	63	155	70	160	385	413.47
	Rae							
3	Ballard		63	100	70	120	290	311.45
Women Single 70 Masters 35-44								
1	Susan Gill		70	110	50	140	300	298.45
2	D. Milton		70	72.5	50	115	237.5	236.28
Women Single 80 Masters 35-44								
	Bernice							
1	Gill	43~	80	122.5	62.5	145	330	301.95
	M.							
2	Trentini		80	112.5	47.5	145	305	279.08
Women Single 90 Masters 35-44								
1	P. Eichel		90	107.5	57.5	115	280	241.94
Women Single 53 Masters 45-49								
1	Sue Rasor		53	130	81.5	135	346.5	425.63
Women Single 55.5 Masters 45-49								
	Jean							
1	Howat		55.5	97.5	42.5	110	250	296.23

Women Single 58.5 Masters 45-49								
1	P. Davis Becky		58.5	112.5	75	127.5	315	358.17
2	Brink		58.5	85	45	112.5	242.5	275.74
Women Single 70 Masters 45-49								
1	Joann Reif 46~		70	122.5	65	127.5	315	313.38
2	S. Fife		70	102.5	57.5	120	280	278.56
Women Single 90 Masters 45-49								
	Cyndi							
1	Regan	45	90	197.5	132.5	182.5	512.5	442.83
Women Single 47.5 Masters 50-54								
	Judy							
1	Gedney		47.5	115	65	130	310	413.73
Women Single 63 Masters 50-54								
	Nancy Halversta							
1	dt		63	110	72.5	140	322.5	346.35
Women Single 80 Masters 50-54								
1	K. Duncan		80	137.5	80	112.5	330	301.95
	C.							
2	Roberson		80	95	60	110	265	242.48
	B.							
3	Smedley		80	60	65	110	235	215.03
Women Single 90 Masters 50-54								
1	C. Ogg		90	92.5	77.5	82.5	252.5	218.18
Women Single 63 Masters 55-59								
	Barbara							
1	Falconio	55	63	125	70	147.5	342.5	367.83
Women Single 90 Masters 55-59								
	Ellen							
1	Trevorah		90	147.5	82.5	137.5	367.5	317.54
Women Single 47.5 Masters 60-64								
1	E. Jones		47.5	62.5	27.5	90	180	240.23
Men Single 56 Masters 40-44								
	Freddie							
1	Higgins		56	182.5	130	200	512.5	466.55
Men Single 60 Masters 40-44								
1	Ira Rosen	43	60	167.5	100	190	457.5	390.19
2	C. Suzuki		60	130	90	197.5	417.5	356.07
	Joe							
3	Randazzo		60	150	100	165	415	353.94
Men Single 67.5 Masters 40-44								

	Mike							
1	Wonyetye 40~	67.5	215	105	227.5	547.5	422.13	
Men Single 75 Masters 40-44								
	Melvin							
1	Waldrop 43~	75	227.5	147.5	267.5	642.5	457.82	
	C.							
2	Chestand	75	240	150	227.5	617.5	440.01	
	Mitch							
3	Owen	75	212.5	142.5	210	565	402.6	
	Bill							
4	Clayton	75	220	130	210	560	399.03	
5	P. Malone 43~	75	215	110	230	555	395.47	
6	L. Barron	75	197.5	127.5	225	550	391.91	
7	D. Green	75	170	110	155	435	309.96	
8	D. Sayre	75	137.5	80	175	392.5	279.68	
Men Single 82.5 Masters 40-44								
	Dan							
	McLaughli							
1	n	82.5	260	162.5	255	677.5	453.86	
2	R. Silva	82.5	227.5	140	255	622.5	417.02	
3	T. Carroll	82.5	150	110	170	430	288.06	
	Jim							
DQ	Lukens	82.5						
Men Single 90 Masters 40-44								
	Gary							
1	Dingle	42	90	272.5	165	275	712.5	454.86
	Fred							
2	Kendell	44	90	272.5	170	242.5	685	437.3
	Victor							
3	Elliott	43	90	272.5	160	260	692.5	442.09
4	S. Bergath 43~	90	255	142.5	255	652.5	416.55	
	R.							
	Parkingto							
5	n	90	220	167.5	252.5	640	408.57	
6	Leon Reali	90	250	130	255	635	405.38	
	F.							
	Weissmull							
7	er 43~	90	212.5	170	200	582.5	371.86	
	Bryan							
8	Yamasaki 40~	90	192.5	130	187.5	510	325.58	
9	Don Imrie	43	90	182.5	137.5	182.5	502.5	320.79

Men Single 100 Masters 40-44

Johnny								
1 Graham	41	100	310	170	302.5	782.5	476.22	
Larry								
2 Traub	40	100	292.5	170	305	767.5	467.09	
Leonard								
3 Sample	41	100	287.5	190	290	767.5	467.09	
Walt								
4 Cracknell	42~	100	232.5	162.5	250	645	392.54	
M.								
5 Rognlien		100	222.5	162.5	225	610	371.24	
Robert								
Crawford								
6 #1	42	100	227.5	152.5	227.5	607.5	369.72	
B.								
7 Eisenman		100	162.5	127.5	197.5	487.5	296.69	
DQ								
M. Shimek		100						

Men Single 110 Masters 40-44

J. Miller							
1 #11	43~	110	285	192.5	275	752.5	442.84
T.							
2 Tinsman		110	242.5	172.5	275	690	406.06
H.							
3 Lawrence		110	255	172.5	250	677.5	398.7
4 R. DeVito		110	227.5	140	232.5	600	353.1
Skip							
5 Grindall		110	207.5	125	250	582.5	342.8
6 S. Warner		110	205	160	217.5	582.5	342.8
7 L. Jones		110	282.5	135	125	542.5	319.26

Men Single 125 Masters 40-44

Roy							
1 Simmons	41~	125	272.5	185	277.5	735	418.84
2 R. Schrum		125	280	165	262.5	707.5	403.17
H.							
3 Medeiros		125	240	200	250	690	393.19

Men Single 145 Masters 40-44

L.							
1 Contreras	40	145	207.5	192.5	225	625	347.47

DQ	D. Harrison		145					
Men Single 67.5 Masters 45-49								
	1 S. Brown		67.5	175	117.5	192.5	485	373.94
	2 R. Scott		67.5	175	85	195	455	350.81
	A. 3 Gonzales		67.5	117.5	80	145	342.5	264.07
DQ	George Bartotti		67.5					
Men Single 75 Masters 45-49								
	1 Armington Rafael	49	75	235	150	215	600	427.54
	2 Bill Weinstock		75	192.5	95	210	497.5	354.5
Men Single 82.5 Masters 45-49								
	1 Mike VanCleave 47~		82.5	250	137.5	255	642.5	430.41
	2 Gerald Mongillo		82.5	237.5	142.5	237.5	617.5	413.67
	3 Rich Tsutsui	47	82.5	220	182.5	212.5	615	411.99
	4 Lee Ticer 46~		82.5	207.5	137.5	237.5	582.5	390.22
	5 Bruce Sullivan	45	82.5	205	147.5	222.5	575	385.2
	6 B. Yamada	45	82.5	225	137.5	210	572.5	383.52
	7 M. Lowe		82.5	190	137.5	210	537.5	360.07
Men Single 90 Masters 45-49								
	1 F. Rice		90	227.5	137.5	265	630	402.19
	2 I. Yellin		90	237.5	125	227.5	590	376.65
	3 Larry Blockston		90	240	122.5	215	577.5	368.67
	4 H. Gosthnian		90	220	127.5	220	567.5	362.29
	5 C. Lundy 48~		90	185	85	227.5	497.5	317.6
Men Single 100 Masters 45-49								
	1 A. Hejnal 46~		100	250	157.5	245	652.5	397.1
	2 Cecil Tomlin	45	100	237.5	140	242.5	620	377.33
	3 J. Rice		100	240	135	227.5	602.5	366.67
	4 R. Kane		100	215	177.5	210	602.5	366.67

	5 H. Landed Robert		100	200	142.5	247.5	590	359.07
	6 Morton		100	175	132.5	192.5	500	304.29
DQ	R. Mezzoff		100					
Men Single 110 Masters 45-49								
	1 J. Milligan		110	262.5	190	275	727.5	428.13
	2 R. Spike C.		110	240	150	270	660	388.41
	3 Ahhaitty		110	230	195	230	655	385.46
	4 Ron Pagal Mike	47	110	247.5	157.5	232.5	637.5	375.16
	5 Fryar		110	220	117.5	220	557.5	328.08
	6 C. Walk		110	165	140	220	525	308.96
DQ	C. Milton		110	182.5				
Men Single 125 Masters 45-49								
	Ernie							
	1 Surell	45~	125	365	182.5	272.5	820	467.27
	R.							
	2 Freedman Dave van		125	300	175	230	705	401.74
	3 Brocklin	45	125	275	177.5	230	682.5	388.92
	4 H. Kuiper Robert		125	205	170	250	625	356.15
	5 Rossi	47~	125	230	145	250	625	356.15
	B.							
	6 McCume		125	227.5	135	227.5	590	336.21
Men Single 145 Masters 45-49								
	Harry Halversta							
	1 dt	49	145	255	150	237.5	642.5	357.2
	James							
	2 Grendahl	45~	145	137.5	207.5	265	610	339.13
Men Single 145+ Masters 45-49								
	Paul							
	1 Wrenn	46		327.5	170	300	797.5	
	Wayne							
	2 Andrews	46~		320	162.5	300	782.5	
Men Single 60 Masters 50-54								
	Larry							
	1 Muth		60	140	100	180	420	358.21
	Gary							
	2 Morrison		60	142.5	102.5	165	410	349.68

Men Single 67.5 Masters 50-54

Larry								
1 Duran	50~	67.5	202.5	115	212.5	530	408.64	
Mike								
2 Lawson		67.5	210	117.5	200	527.5	406.71	
3 R. Vinski		67.5	157.5	102.5	200	460	354.67	

Men Single 75 Masters 50-54

Ron							
1 Erdmann		75	205	132.5	200	537.5	383
2 K. Hughes		75	190	102.5	195	487.5	347.37
Joe							
McDermo							
3 tt		75	167.5	135	137.5	440	313.53
Rudy							
4 Lozano		75	122.5	115	165	402.5	286.81

Men Single 82.5 Masters 50-54

1 S. O'Neill	53~	82.5	210	142.5	212.5	565	378.5
2 R. Ericson		82.5	207.5	130	220	557.5	373.47
Doug							
3 Dienelt		82.5	190	125	195	510	341.65
Richard							
4 Schuller		82.5	187.5	107.5	207.5	502.5	336.63
Bob							
Seymour							
5 #1		82.5	150	105	170	425	284.71

Men Single 90 Masters 50-54

Ronald							
1 Foreman	50~	90	215	140	255	610	389.42
2 D. Pate		90	210	127.5	220	557.5	355.9
Jim							
3 Waters	52	90	195	112.5	242.5	550	351.12

Men Single 100 Masters 50-54

Robert							
1 Rood Sr		100	272.5	170	272.5	715	435.14
2 Al King		100	220	142.5	260	622.5	378.85
Rip							
3 Stahura	50	100	247.5	117.5	235	600	365.15
4 C. Clark		100	227.5	150	222.5	600	365.15
5 G. Smart		100	225	127.5	245	597.5	363.63
G.							
6 Litzinger		100	212.5	142.5	220	575	349.94
J.							
7 Fitzgerald		100	185	125	197.5	507.5	308.86

DQ	R. Greenwal d		100	230	120			
Men Single 110 Masters 50-54								
	1 J. Gourley Mike		110	235	132.5	277.5	645	379.58
	2 Collet		110	185	150	220	555	326.61
	3 C. Fuller		110	195	127.5	215	537.5	316.32
	4 Bill Fairfax	52	110	190	107.5	217.5	515	303.07
	5 E. Ewald		110	142.5	147.5	212.5	502.5	295.72
	6 F. Flores		110	185	127.5	172.5	485	285.42
Men Single 125 Masters 50-54								
	Gene							
	1 Roberson 50~		125	325	150	320	795	453.03
	2 CJ Batten		125	265	220	265	750	427.38
	3 R. Tavema 50~		125	282.5	170	287.5	740	421.69
	4 R. Smith		125	210	155	235	600	341.91
DQ	J. Tremblay		125	60				
Men Single 145 Masters 50-54								
	1 H. Budwin		145	180	125	182.5	487.5	271.03
Men Single 67.5 Masters 55-59								
	Max Peek							
	1 #1		67.5	170	97.5	195	462.5	356.59
	2 Fred Glass	57	67.5	155	50	185	390	300.7
Men Single 75 Masters 55-59								
	Donald							
	1 Torrence 56~		75	192.5	120	210	522.5	372.31
	R. Ringewor							
	2 d		75	195	95	195	485	345.59
	3 R. Benson		75	127.5	122.5	150	400	285.02
Men Single 82.5 Masters 55-59								
	Ernie							
	1 Fleischer Tom		82.5	200	137.5	250	587.5	393.57
	2 Trevorah		82.5	230	117.5	240	587.5	393.57
Men Single 90 Masters 55-59								

	Bob							
	1 Strange		90	235	157.5	265	657.5	419.74
	2 P. Wilson		90	237.5	145	235	617.5	394.21
	John							
	3 Herbein	55	90	202.5	117.5	222.5	542.5	346.33
	William							
	4 Scheffler	57~	90	205	85	200	490	312.81
	Men Single 100 Masters 55-59							
	1 E. Davis		100	235	135	235	605	368.2
	2 G. Llacuna		100	210	140	227.5	577.5	351.46
	3 O. Bruce		100	227.5	117.5	220	565	343.85
	4 S. Chalis		100	192.5	137.5	217.5	547.5	333.2
	5 H. Peak		100	182.5	122.5	192.5	497.5	302.77
	6 J. Jue	56~	100	52.5	147.5	122.5	322.5	196.27
	Men Single 125 Masters 55-59							
	1 Al Siegel	56	125	235	125	240	600	341.91
DQ	Jack Twet	59	125					
	Men Single 67.5 Masters 60-64							
	Robert							
	1 Cortes		67.5	177.5	125	217.5	520	400.93
	Men Single 82.5 Masters 60-64							
	Martin							
	1 Garry	64	82.5	192.5	115	205	512.5	343.33
	Don							
	Frosland							
	2 Sr	64	82.5	137.5	122.5	157.5	417.5	279.69
	3 T. Roberts	64	82.5	117.5	70	140	327.5	219.39
	Men Single 90 Masters 60-64							
	Burt							
	1 Rosenfield		90	197.5	142.5	215	555	354.31
	2 R. Ladd		90	200	110	232.5	542.5	346.33
	Men Single 100 Masters 60-64							
	George							
	1 Manly	64	100	235	120	220	575	349.94
	2 J. Dean		100	185	137.5	220	542.5	330.16
	Men Single 110 Masters 60-64							
	J.							
	1 Yanovitch		110	192.5	145	195	532.5	313.37
	2 G. Byrne		110	125	70	142.5	337.5	198.62
DQ	K. Pardee	62~	110					

Men Single 125 Masters 60-64

1 Lou Corulli	125	165	115	230	510	290.62
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Men Single 60 Masters 65-69

Richard

1 Nolan	60	90	67.5	135	292.5	249.47
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Men Single 90 Masters 65-69

P.

1 Westling	90	115	115	140	370	236.21
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Men Single 67.5 Masters 70-74

Harrison

1 Benner	67.5	110	87.5	147.5	345	266
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Men Single 82.5 Masters 70-74

1 H. Farmer	82.5	137.5	70	167.5	375	251.21
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Men Single 82.5 Masters 75-79

1 L. Cory	82.5	82.5	57.5	125	265	177.53
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